

Our Philosophy on Athletics

A. Purpose: We believe that participation in athletics is a great way for young people to develop not only their athletic skills, but also skills such as discipline, sportsmanship, teamwork, determination, responsibility, accountability, and commitment that will help them throughout life.

We are committed to contributing to the development of our student-athletes into mature young adults through our athletic programs.

B. Athletics is a Privilege: Student participation in competitive interscholastic athletics is a privilege, not a right. Student-athletes assume varying degrees of responsibility and sacrifice. It is the duty of all participants to conduct themselves in a manner that is becoming to themselves, their family, their team, our school, and the community.

C. Winning: Although winning is the assumed goal of every contest, the primary goal of our athletic department is to value and promote the physical, social, and emotional development of our student-athletes as well as preparing them to win. The ideals of sportsmanship, ethical behavior, commitment, self-discipline, and an intense work ethic will be expected and modeled. Opportunities to promote developmental growth and the ideals of sportsmanship and ethical behavior will not be sacrificed in an effort to win.

Requirements for Participation in Athletics

A. IHSAA Physical & Online Signature Forms

All students must have an IHSAA Physical Form dated on or after April 1st on file in the Athletic Office before participating in open gyms, workouts, tryouts, or practice.

Rank One Online Signature Forms must also be completed each school year. Website link can be found below and on our athletics website.

<https://hamiltonschools.rankonesport.com/New/Home.aspx>

B. Academic Eligibility

Any student-athlete receiving more than 1 failing grade (F) at the end of any 9 week grading period will be declared ineligible for the remainder of that season and any season that occurs during the next 9 week grading period.

Any student-athlete with more than 1 failing grade (F) at midterm of any grading period or on any weekly grade check after midterm will be placed on probation. When on probation athletes are permitted to practice, but are NOT permitted to compete in interscholastic contests until probationary status is lifted.

A 7th grade student-athlete's 2nd semester grades or the average of their 3rd and 4th 9 weeks grades will carry over and determine eligibility for the start of their 8th grade year. Two or more failing grades (F's) would make the student ineligible for fall sports.

C. Financial Obligations and Equipment

- Practice Gear -In several sports, athletes will purchase game or practice gear which will become their property.
- Equipment & Uniforms - All athletes are responsible for the proper care & security of equipment/uniforms issued to them. School-furnished equipment/uniforms are to be worn ONLY for HIJH contests & practices. Athletes will be financially responsible for any equipment/uniforms not returned or in poor condition.

Hamilton Southeastern JH/Int School Athletics



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<http://www.hse.k12.in.us/HIJ/athletics/>
Twitter @hijhathletics

**BUILD CHARACTER.
INSPIRE EXCELLENCE.
REALIZE POTENTIAL.**

Hamilton Southeastern JH/Int Athletics

The PANTHER Principles

P – Passionate

Be enthusiastic during every minute of every practice and game. Love what you do.

A – Accountable

Take responsibility for your own actions. Do *your* job; lead by example. If you want to see change, start by making a change in yourself.

N – Nurturing

Be supportive and encouraging of your teammates, coaches, and peers.

T – Thankful

Be appreciative of the opportunity you have to represent your community, school, and family in athletics. Thank your coaches and family often.

H – Humble

You can accomplish anything in life, provided you do not mind who gets the credit. (President Harry S. Truman). Honestly recognize your strengths and weaknesses, do your job to the best of your ability, and know that you cannot accomplish team goals on your own.

E – Ethical

Do what's right, and do it all of the time...even when no one is watching.

R – Respectful

Be courteous and polite to all school personnel, opponents, coaches, and officials. Represent HSE the way it should be represented!

S – Steadfast

Be firm in your purpose, whatever that might be. It's easy to remain calm when everything is going your way. However, the true test of character is how you respond to adversity. Can you keep pushing forward regardless of the circumstances before you?

What we offer...

SPORT	SEASON	6th	7th	8th
Cheerleading	Fall		X	X
Tennis	Fall		X	X
Football	Fall		X	X
Girls Golf	Fall		X	X
Cross Country	Fall	X	X	X
Volleyball	Fall		X	X
Boys Basketball	Winter	X	X	X
Girls Basketball	Winter	X	X	X
Wrestling	Winter	X	X	X
Cheerleading	Winter		X	X
Track & Field	Spring	X	X	X
Boys Golf	Spring		X	X

Follow us on Twitter for all the latest news & upcoming events related to our Athletic Programs.
@hijhathletics



Check out each of our sports' websites for all of the latest news, coaches' contact info & other important documents/info.

<http://www.hse.k12.in.us/HIJ/athletics/>



PHYSICALS

All students participating in athletics must have an IHSA physical form on file in the Athletic Director's office prior to participating in any workouts, open gyms, tryouts, or practices. Physicals must be done each year and have to be dated on or after April 1st in order to be valid for the following school year. The physical form may be obtained in the office at HIJH or on the athletics website. Parents are encouraged to keep a copy of their child's physical for their records.

Rank One Online Signature Forms must also be submitted before participating. See backside of this brochure or athletics website for details.

*****5th/6th grade intramurals/clubs*****

Various clubs/intramural programs may be offered to 5th/6th grade boys & girls depending on interest level and the availability of a sponsor/supervisor. These programs are separate from our athletic programs. Please contact Jeff Iagulli, Assistant Principal, with questions on intramural/club offerings.