

# Hamilton Southeastern Wrestling Club

Pre-K-6th Grade

**This is a great opportunity to learn the world's oldest sport. We offer three levels of classes 2-3 times a week in addition to competing as often as your child would like.**

**Season:** 11/4-1/31 (Beginner's)  
11/4-2/28 (Int. and Advanced)

**Cost:** Beginner's- \$115  
Intermediate/Advanced- \$200

## Club Registration:

- Online through [www.hsewrestlingclub.com](http://www.hsewrestlingclub.com) or pick up a paper copy at **OPEN MAT on any of the following dates in October from 6-7:30 PM, 8th, 22nd, 24th, 29th in the HSE Wrestling Room** (enter through Door 10, follow hall back past Varsity gym, room is on the right, up the stairs)

## USA Card Registration

- All wrestlers are required to purchase a USA card to be eligible to attend practice and to participate in tournaments
- Proof of number must be submitted to Troy Haider ([tahaider@mac.com](mailto:tahaider@mac.com)) by second practice
- **Parents wishing to coach or be in the room during practice must purchase a Wrestling Leaders card as well.**
- Register online at <https://www.usawmembership.com/>

## Practice Schedule

- HSE Wrestling Room
- Beginners: 6-6:45 M and Th
- Int: 6:30-8, M and Th
- Advanced: 6:30-8, M, T, and Th
- **We'd like athletes to attend as many as possible, but it's all A la carte (come when you can)**
- First practice: Monday, November 4th

## Registration includes:

- T-shirt in your choice of color (blue, gray, black (extras for \$20 each))

## Coaching Staff

*Nick Brobst:*  
HSE Head Coach

*Min Yoo:*  
Head Youth Coach, HSE Wrestling Club

*Pat Robinson:*  
HSE Coaching Staff, Wrestled at Purdue, NCAA Qualifier

*Support Staff:* Current area wrestlers and local parents with wrestling experience

## Contact Information:

Nick Brobst- [nbrobst@hse.k12.in.us](mailto:nbrobst@hse.k12.in.us)  
Troy Haider-[tahaider@mac.com](mailto:tahaider@mac.com)

## Tournaments

Beginner's: We will host 2 Friendly Meets through the Pioneer Wrestling League (PWL) and that will be a great chance to wrestle others with no pressure. Fishers and Pendleton usually host them as well. They cost \$3/spectator but are free for wrestlers.

Intermediate/Advanced- In addition to PWL's, wrestlers may elect to attend ISWA Beginner Tourneys (Int) or standard ISWA tourneys (Advanced). See below for more info.

## ISWA Tournaments

- Available throughout the season for beginning & advanced wrestlers
- Schedule available at [www.iswa.com](http://www.iswa.com)
- We will pick 3 tournaments to attend as a club during the season
- There will be a couple "Friendly" duals prior to our home meets this season as well